PARTICIPANTS: The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION: A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES: The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION: The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS: The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER: This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- City of Alexandria Division of Aging and Adult Services: 703-746-5999
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- Catholic Charities Diocese of Arlington Senior Services: 703-751-2766

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director Luis Angel, Senior Center Assistant Director Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator Christine Simon, Operations Assistant



ST. MARTIN DE PORRES SENIOR CENTER <u>All Seniors Welcome!</u> Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



April 2025

4650 Taney Ave. Alexandria, VA 22304 Phone: 703-751-2766 www.ccda.net/seniorservices/ **CENTER OPEN:** MONDAY – FRIDAY 8:45 A.M. – 1:30 P.M. **OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

Reminders

Additional Closures:

Friday 4/18 Good Friday

Monday 4/21 Easter Monday

-Bus reservations must be made at least one day in advance by 11 am.



-Lunch reservations must be made at least one day in advance by 11am.

Happy Birthday!

April Birthdays! Marlene Holden – 08 Shashitu Wurbu – 12 Neil Mosquera – 13 Esther Ativie – 14 Tseggai Gide - 14 Susan Jackson - 17 Kyong McLean – 19 Legesse Erbo – 20 Bernice Haynes - 24 Sarah Roush – 26



Our Birthday Party will be on Wednesday, April 30. Hope you are ready to dance and celebrate!!

FIELD TRIPS

Wednesday, April 2: Cherry Blossom Viewing at the FDR and MLK Jr. Memorials with Lunch at Glory Days Grill

We will be going on a walking excursion to visit two famous D.C. Memorials, the FDR and MLK Jr. Memorial. It is currently peak cherry blossom viewing season so we will be able to learn about two famous Americans, and get a chance to see the cherry blossoms in DC. After we go to D.C., we will be going to Glory Days Grill for lunch. Please bring about \$20 to cover both the lunch and tip. Seating on the bus is limited to 18 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is April 1st at 11:30am. Please sign up with Maria in person while she is in her office to sign up and pay to reserve your spot.

Thursday, April 17: Dutch Village Farmers Market

Located in Laurel, Maryland our market is full of the best fresh and delicious foods from Dutch Country. Baked goods, dairy products, BBQ, candies, organic meats, and more can be found at our variety of merchants. The Farmers Market Coupons will not be usable here. This is the perfect chance to get delicious handmade goods prior to the Easter weekend. Seating on the bus is limited to 18 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is April 16th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.